Fall 2019

Learning for Life
From Aerobics to Zumba,
course offerings to challenge
your mind and body.
Huntington Location:
234 West Jericho Turnpike
(1/4 Mile West of Rte 110)
Huntington Station, NY 11746
Phone: 631-423-5400
Fax: 631-423-5423

Your only local owner operated Urgent Care Center

Robert E. Scully, MD, FACP
Medical Director

COVERING ALL GENERAL MEDICAL CARE INCLUDING:
• FLU
• RESPIRATORY INFECTIONS
• EKG
• ON-SITE STATE-OF-THE-ART X-RAYS AND LAB
• SPORTS INJURIES
• SINUSITIS
• BOARD CERTIFIED PHYSICIANS
• SPRAINS & STRAINS
• RASHES & SKIN INFECTIONS
• PHYSICAL EXAMS
• URINARY TRACT INFECTIONS
• ASTHMA TREATMENT
• SCHOOL & WORK PHYSICALS
• BACK PAIN

• PRE-OPERATIVE CLEARANCE
• FEVER
• STD DIAGNOSIS & TREATMENT
• HIGH BLOOD PRESSURE SCREENING
• CHOLESTEROL SCREENING
• FRACTURE DIAGNOSIS
• MINOR SURGERY AND LACERATION REPAIR
• ON SITE LAB
• TRAVEL MEDICINE
• IMMIGRATION PHYSICALS
• MRO SERVICES
...AND MANY MORE.

MOST INSURANCE ACCEPTED:
BLUE CROSS/BLUE SHEILD • MEDICARE • AETNA • EMPIRE PLAN • 1199 • HUMANA • GHI • HIP • CIGNA • UNITED HEALTH CARE • OXFORD • WORKER’S COMP.
...AND MANY MORE.

Est. 1990
Welcome to our Fall 2019 Adult Education Program. It’s a great time to learn something new, improve a skill, begin an exercise program, and make new friends along the way!

Please register promptly to avoid class cancellations.

**Registration by Mail ONLY**
**NO Drop-offs please**

**CALENDAR**

**MONDAYS:**
Oct. 7, 21, 28; Nov. 4, 18, 25; Dec. 2, 9

**TUESDAYS:**
Oct. 8, 15, 22, 29; Nov. 12, 19, 26; Dec. 3

**WEDNESDAYS:**
Oct. 2, 16, 23, 30; Nov. 6, 13, 20; Dec. 4

**THURSDAYS:**
Oct. 3, 10, 17, 24, 31; Nov. 7, 14, 21

**FRIDAYS:**
Oct. 11, 18, 25; Nov. 1, 8, 15

**NOTE:** All classes meet for 8 sessions unless otherwise indicated. Weeks in December will be used for make-up classes.

**CLASS LOCATIONS**

**COUNTRYWOOD PRIMARY CENTER**
499 Old Country Road
Huntington Station, NY 11746

**JAMES KADEN ADMINISTRATIVE OFFICES (JKAO)**
60 Weston Street
Huntington Station, NY 11746

**BIRCHWOOD SCHOOL**
121 Wolf Hill Road
Melville, NY 11747

**STIMSON MIDDLE SCHOOL**
401 Oakwood Road
Huntington Station, NY 11746

**WALT WHITMAN HIGH SCHOOL**
301 West Hills Road
Huntington Station, NY 11746

**Whitman South Wing Classrooms**
(Under Performing Arts Center Portico)

100s—Lower level
200s—Ground level
300s—Upper level

**Whitman North Wing Classrooms**
(Facing Jericho Turnpike)
400s—Lower level
500s—Ground level
600s—Upper Level
GENERAL INFORMATION

ENROLLMENT: Participants are enrolled in a course upon receipt of registration form with payment on a first-received basis; there is no walk-in enrollment on the first night of class. Minimum enrollment per course must be ten (10) people, unless otherwise indicated.

CONFIRMATIONS: Participants that have submitted registration and payment are enrolled in their selected course(s) unless otherwise notified. No course confirmations will be sent. In the event that a class is full or cancelled, you will be contacted via e-mail (if an address is provided), when appropriate.

WAIT LIST: When a class has met its maximum enrollment, you will be automatically placed on a waiting list.

REFUNDS: Course fees will be refunded upon written request up to seven (7) days prior to the first date of the course. FULL REFUNDS WILL BE MADE ONLY FOR CLASS CANCELLATIONS. Students assume the risk of all changes in business or personal affairs.

DISTRICT CLOSINGS: Adult classes/activities will not meet when South Huntington schools are closed due to weather or other reasons. Closings will be announced on WGSM (740 AM) WALK (1370 AM/97.5FM) or check the district’s website, www.shufsd.org.

SAFETY DISCLAIMER: There is an inherent risk of accident or injury in any activity. It is the responsibility of each participant to be aware that there are assumed risks involved with participation of any program involving strenuous physical activity. Any changes in participant’s current activity levels should be done under the approval and direction of their physician and/or health care provider(s).

NON-DISTRICT RESIDENTS: If you are not a resident of District #13, please include a $5.00 non-resident fee. Senior non-district residents are not eligible for a Senior Citizen discount.

SENIOR CITIZENS: All District #13 Senior Citizens, 60 years of age or older, may attend their FIRST COURSE free of the course fee and all additional courses for a $5.00 course fee each. There is no senior citizen discount for 1, 2 or 3 night courses.

Senior Citizens are still responsible for paying the $10 non-refundable registration fee per course.

Proof of age must be submitted with registration form (copy of a driver’s license or birth certificate are acceptable documents). Please note the following courses are not eligible for Senior Discounts: Ballroom Dancing and Pickleball.

REGISTRATION: Complete the registration form and submit a separate payment for each course. For an additional participant or class registration, you may use a blank sheet of paper or go to www.shufsd.org and click on the Fall 2019 Adult Ed icon and print out a copy of the registration form.

Fees: $10.00 non-refundable registration fee per course for all participants. No registration fees apply to 1, 2 or 3 night courses, except where noted.

Mail-in registrations accepted only.

Payment in form of check (no cash) made payable to: South Huntington UFSD.

Note: Write the name of the course on your check.

Please send registration form and payment to:
South Huntington UFSD
Attn: Adult Education
60 Weston Street
Huntington Station, NY 11746

Registration form is on the inside back cover.
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**ABOUT OUR INSTRUCTORS:**
We retain our Adult Education instructors to teach a course in their area of expertise. The instructors are not permitted to use the classroom for personal gain, or to solicit clients or customers. We are not responsible for any consultation given beyond the classroom setting and course curriculum material.

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**Did You Know...**
Niche.com has released its 2020 ‘Best Public High Schools in America’ list and Walt Whitman ranks among the top 25 standout high schools in New York State at #5. And it’s not just Walt Whitman getting straight A’s, the 2020 ‘Best School Districts in Suffolk County’ ranks the South Huntington School District overall at #7.
This semester we will teach: Samba, Fox-trot, and Hustle. This course is designed to teach the basic patterns of Ballroom Dancing for beginners and to accommodate more experienced students by giving them more steps and dancing techniques. Singles welcomed. Our dancing doesn't stop after these 8 weeks are over. Become a part of our social dance group, meeting on Saturday nights at Ballroom/Latin Social Dance parties.

Welcome to our class. We’ll be waiting for you! **Note:** Maximum number of participants: 30

**Notes:** (1) There is no senior discount for this course. (2) One registration fee per couple.

**Instructors:** Mila Balagula, BA and Michael Balagula

**Fee:** $100.00/Couple-$50.00/Singles

7:00-8:30pm Mondays 8 Sessions

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This program is a fun introduction to the basic groups of belly dance movements. Feel energetic and feminine as you shake, shimmy and undulate to exotic music and high energy drum solos. Belly dance fitness can be beneficial for all women, no matter what age or body type. Each step of this workout is fun and easy to follow while you unknowingly improve your posture, flexibility and balance. Get started on slimming your hips, defining your waist, increasing upper body strength and burning fat. So, come dance with grace as you shimmy your way to a toned new shape. **Note:** Maximum number of participants: 15

**Instructor:** Lori Smith

**Fee:** $45.00

7:30-8:30pm Tuesdays 8 Sessions

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**Instructor Spotlight**

**BALLROOM DANCING**

Mila Balagula B.A. and Michael Balagula are husband and wife Ballroom/Latin/Argentine Tango dance instructors. They are performers, entrees to several Ballroom/Latin dance competitions, with many years of experience in teaching by the Arthur Murray dance school standards, and performing through the years with Dance Magic Co., and in other various shows including Stony Brook University, dance socials and throughout Long Island and New York City.

They have been teaching in South Huntington and Commack school districts since 1998.

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**Instructor Spotlight**

**BELLY DANCE FITNESS**

Lori Smith is a certified belly dance instructor and also has a certification in bellycore fitness. Bellycore fitness combines international dance and belly dance techniques. She started belly dancing over 10 years ago and has been performing since 2014.
CROCHETING
WHITMAN 522

Beginners: Please bring an I or J hook and worsted weight (4) yarn. We will be making a sampler scarf of the basic stitches.
Advanced: Bring your unfinished projects or a new project and develop your skills.
Note: Maximum number of participants: 15

Instructor: Gail Marshik
Fee: $45.00
7-9pm Tuesdays 8 Sessions

Arts – Languages
ENGLISH LANGUAGE LEARNERS COURSE OFFERINGS THROUGH BOCES

Se puede aprender inglés!
ENGLISH AS A SECOND LANGUAGE (Beginner and Intermediate)
WHITMAN 509, 510 and 512

Designed to help foreign-born people improve their language skills. Students may start this class any Monday or Wednesday evening. Ongoing registration is handled by contacting BOCES at 631-667-6000 x327 before attending the class.
Classes start: Wednesday, October 2
Classes end: Wednesday, June 3
6:30-9:30pm Mondays & Wednesdays, No Fee

ADDITIONAL ESL LOCATIONS:
Huntington Station Enrichment Center 1335 New York Ave., Huntington Station 10am-1pm Mondays and Wednesdays Wilson Tech Facility, Dix Hills 8:30-11:30am or 12-3pm Mondays through Fridays 6-9pm Mondays and Wednesdays 6-9pm Tuesdays and Thursdays

CITIZENSHIP CLASSES
Please call BOCES at (631) 667-6000 x327 for scheduled classes. Designed to help immigrants interested in obtaining citizenship through a comprehensive review of U.S. government and history.

HIGH SCHOOL EQUIVALENCY EXAM PREPARATION (Formerly GED® CLASSES)

TASC Preparation Classes:
Eligible adults 21 years or older. Prepare for your high school equivalency examination.
Monday, Wednesday evenings from 6:30-9:30 pm
Walt Whitman High School – Room 509
Registration fee for school year: $25.00
Call 631-667-6000 x327 for more information or come to class at 6:30 pm to register.
Admission is ongoing. Fast Track option available to those with passing Regents exams from high school.

Project Excel/Youth Bureau-Park Avenue (Village Green)
10:00am–1:00pm Monday, Wednesday, Thursday
Wilson Tech Facility, Dix Hills
8:30-11:30am Monday through Friday
12-3pm Tuesdays and Thursdays
6-9 pm Mondays and Wednesdays
6-9pm Tuesdays and Thursdays

To register and for further information regarding free shuttle bus service from the Walt Whitman Mall or if you have any questions please call BOCES
(631) 667-6000 x327
¡Se Habla Español!
Si tiene preguntas, llame a BOCES (631) 667-6000 x327
**ZUMBA GOLD**
**BIRCHWOOD CAFETERIA**

Zumba Gold is a fabulous fun fitness program based on exciting Latin and International dance styles performed at a lower intensity level. It offers cardiovascular, toning and balance training benefits. You don’t have to do all the moves perfectly; just move at your own pace, listen to your body and feel the music! Wear comfortable sneakers to be able to move on the floor. Please bring a water bottle and a towel.

**Note:** Maximum number of participants: 30

**Instructor:** Vicke Nerys
**Fee:** $45.00
**Time:** 5:30-6:30pm Tuesdays 8 Sessions

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**HATHA YOGA – EARLY SESSION**
**BIRCHWOOD GYM**

Discover new vitality, poise, strength and well-being through fundamental yoga poses and breathing techniques. Please bring a yoga mat, 1-2 firm blankets and a yoga block. Wear shorts or footless tights. For both men and women.

**Note:** Maximum number of participants: 30

**Instructor:** Dana Olson
**Fee:** $99.00
**Time:** 6:30-8:00pm Mondays 24 Sessions

---

**HATHA YOGA – LATE SESSION**
**BIRCHWOOD GYM**

The practice of yoga restores youthfulness, inner strength and balance bringing joy, tranquility and understanding to our lives. This class is suitable for all levels from beginner to ongoing students. Please bring a yoga sticky mat, 1-2 firm blankets and a yoga block.

**Note:** Maximum number of participants: 30

**Instructor:** Dana Olson
**Fee:** $99.00
**Time:** 8:15-9:45pm Mondays 24 Sessions

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**Instructor Spotlight**

**Vicke Nerys - Zumba-Gold**
Ms. Nerys has been teaching Zumba for 6 years. She specializes in Zumba, Zumba Gold, Aqua Zumba, and Zumba Toning.

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**Instructor Spotlight**

**Dana Olson - Hatha Yoga**
Ms. Olson is a Certified Iyengar Yoga Teacher. She has been practicing yoga since the mid-1970s and has been studying the Iyengar method since the mid-1990s. Her main teacher and mentor, Jeff Logan, introduced her to the Iyengar Method and she continues to study with Jeff as well as many Senior Iyengar Teachers. Dana began teaching in 1996, and teaches at Body and Soul, in Huntington.
Chair Yoga is an ideal exercise for older adults who have trouble moving from a seated position to a standing position. The exercises taught will create stability, while increasing flexibility, balance and mental state, through practicing proper breathing and meditation. All exercises can be performed from a seated and/or standing position. No floor work. Props will be discussed at the first class.

Note: Maximum number of participants: 30

Instructor: Augusta Berner  
Fee: $99.00  
6-7pm Mondays 24 Sessions

Classic Chair Exercises for Seniors

STIMSON AUXILIARY GYM

This class is designed for low impact training to increase muscle strength, range of movement and improve activities of daily living and is suitable for all fitness levels. A chair is used for sitting and standing support. This class can be modified depending on students’ fitness levels. Exercises reduce stress, improve mental clarity, and pain management. We will be using: a small ball (10"), elastic tubing and light weights. No floor work.

Note: Maximum number of participants: 30

Instructor: Augusta Berner  
Fee: $99.00  
6-7pm Wednesdays 24 Sessions

Pilates

STIMSON AUXILIARY GYM

Pilates is a low impact, strength training exercise program, performed on a mat, designed to build muscle tone, flexibility, balance, core strength, and improve posture. This course will incorporate modifications to all levels. Intermediate/advanced exercisers who want a challenge can learn to use a Pilates ring to enhance stability and flexibility, making for a more effective workout. Pilates ring is optional and not provided by the instructor. Students may bring their ring to class.

Note: Maximum number of participants: 30

Instructor: Augusta Berner  
Fee: $45.00  
7-8 pm Mondays 8 Sessions

Yoga for Seniors – Early Session

BIRCHWOOD GYM

This class is designed for "over 50" students who wish to learn and/or continue yoga in a less strenuous setting. Please bring a yoga mat, firm blanket and a yoga block.

Note: Maximum number of participants: 30

Instructor: Ilene Schleichkorn  
Fee: $99.00  
6:00-7:15pm Thursdays 24 Sessions

Yoga for Seniors – Late Session

(location, description, fee, and Instructor- same as above EARLY Session)

7:15-8:30pm Thursdays 24 Sessions
AEROBICS 20/20/20
COUNTRYWOOD GYM

Twenty minutes of aerobics, twenty minutes of weight training and twenty minutes of floor work, including abs, buns and thighs. This is a total fitness program and targets all major muscles including the most important—the heart. Bring weights, towel, and a mat. Don’t forget to bring water!

Note: Maximum number of participants: 30
Instructor: Karen Schackner
Fee: $99.00
7-8 pm Mondays 24 Sessions

JUDO
WHITMAN WRESTLING ROOM

This course introduces Judo, which is an Olympic sport and is the most widely practiced martial art in the world. Students will learn various throwing, joint locking and pinning techniques. After basic techniques are learned, students will apply techniques against a partner. Although this course is introductory, it involves vigorous physical activity and the aspects of a contact sport. Students who do not have a Judo uniform should wear sweatshirt and pants.

Ladies Welcome!

Note: Maximum number of participants: 20
Instructor: John F. Fox
Fee: $99.00
8:15-10:15 pm Mondays 24 Sessions

Instructor Spotlight
John Fox has studied Judo since the late 1960’s and has obtained the rank of Black Belt. Currently, he is the head instructor of a local charter club of the U.S. Judo Association.

Pickleball for Beginners
WHITMAN NORTH GYM

Learn the game that is sweeping the nation! Pickleball is a social and easy to learn game that combines tennis, badminton, and ping-pong. It is played on a small court with lightweight paddles and whiffle balls. This course is for those who want to learn the basics of the game while having a fun workout. Bring your own paddle, which can be purchased in sporting goods stores or online. $2 ball fee (cash) to be collected at first class.

Note: Maximum number of participants: 24
NO SENIOR DISCOUNT

Instructor: Margie Haug
Fee: $50.00
8–10 pm Fridays 6 Sessions
**Your Income Flowing During Retirement**

Studies show that the biggest fear retirees have is running out of money before running out of life! Planning an effective retirement income strategy is more important than ever when facing a retirement that can span more than 25 years. This program will explore concepts that can help you to plan a retirement income strategy with the goal of maximizing income, minimizing taxes, and protecting your assets from the costs of long term care...all while having your money last through your lifetime and the lifetime of your spouse! If you are retired or thinking about retirement, you will not want to miss this program.

**Note:** Maximum number of participants: 20

**Instructor:** Jeffrey Silverman, JD CFP®/Shane Parouse, ChFC, CFBS

**Fee:** $10.00 - No additional registration fee required

7-9pm Thursday, October 24 Only

**THE TRUTH ABOUT ANNUITIES**

The Good, the Bad, and the Ugly. You’ve heard good things. You’ve heard bad things. One financial pundit says they’re terrible, while the next one says they’re great! Meanwhile, BILLIONS of dollars are invested in annuities every year. Are they worth it? How do you decide if an annuity is right for you? In this class, we’ll explain the good and the bad for all the types of annuities available. Taxes, investment options, rates of return, death benefits, fees and more. With a 10-year bull market behind us, now might be the time to lock in your gains using an annuity, so don’t miss this valuable class!

**Note:** Maximum number of participants: 20

**Instructors:** Jeffrey Silverman, JD CFP®/Shane Parouse, ChFC, CFBS

**Fee:** $10.00 - No additional registration fee required

7-9pm Wednesday, November 6 Only

**UNDERSTANDING THE MEDICARE LANDSCAPE**

Would you like to understand Medicare better? What are the differences between Original Medicare, Supplements/Advantage Plans (HPO, POS, PPO) & Part D Prescription drug plans? What’s up with the Donut Hole on your Part D coverage? Is it really going away? Find Out! Misconceptions can sometimes lead to poor decision making in joining or switching a plan. Also, “What’s new for 2020?” Many plan choices are coming along with broader options for those who receive Extra Help and/or Medicaid. Are you getting everything you are entitled to? Plus tips to reduce drug costs and access more healthcare providers and facilities.

**Note:** Maximum number of participants: 20

**Instructor:** Gwen Busterna

**Fee:** FREE-No registration fee required

7:00-8:30pm Monday, October 21 Only

**Instructor Spotlight**

**Gwen Busterna** has been in the insurance industry for over 25 years and has been working with Medicare related information for the past 10 years. She is licensed in NY and many other states. Annual AHIP certified by NY State to discuss Medicare Plan information. She has experience holding seminars on healthcare and Medicare related topics as well as health fairs and events.
ELDER CARE LAW AND WHAT YOU MUST KNOW
WHITMAN 524

Learn the basics for issues in elder law including Medicaid trusts, which assets count, which ones do not, the Medicaid application process, and aging at home – how Medicaid and Medicare can make that possible.

Note: Maximum number of participants: 25

Instructor: Beth Polner Abrahams
Fee: FREE-No registration fee required.
7-9pm Wednesday, October 30 Only

LIVING A MINDFUL LIFESTYLE
WHITMAN 526

Have you been wondering about the buzz over “mindfulness”? This class will show you how to manage the pressures of everyday life and give you the tools to create a new, better life experience through mindfulness. Taught by a Certified Stress Management Coach, you will not only learn valuable strategies, but receive a workbook you can use after the course is over.

Note: Maximum number of participants: 20

Instructor: Susan Gromatsky
Fee: $20.00 + $10.00 registration fee
7-9pm Tuesdays
October 15, 22, 29 3 Sessions

BETTER WAYS TO COMMUNICATE WITH OUR CHILDREN-CRACKING THE CODE
WHITMAN 526

There is no guidebook for raising our children. It can be difficult-especially with teenagers-to create a basis for trust and open communication that is so crucial in not only keeping our children safe, but teaching them how to navigate in the world and learn how to be happy and productive human beings. The pressures on our children are much different from those we experienced. Do you know what’s going on in their lives? How often is there a conflict between you and your children? Do they feel they can come to you for help and advice without judgment? Are your interactions loving, or stressful? This class will provide information not only on resolving conflict and setting limits effectively, but better ways to communicate with our children.

Note: Maximum number of participants: 20

Instructor: Susan Gromatsky
Fee: $20.00 + $10.00 registration fee
7-9pm Tuesdays
Nov. 19, 26, Dec. 3 3 Sessions

Instructor Spotlight

Beth Polner Abrahams, a 1981 graduate of Franklin Pierce Law Center in Concord, N.H. (now the University of New Hampshire School of Law) is actively involved in the Elder Law professional community and affiliated with various organizations.

She is qualified to mediate:
• Elder Care and Elder Law family disputes
• Article 81 and 17A guardianship contests (pre-court and post-court filings)
• Surrogate estate disputes
• Special needs planning and family disputes (pre-court and post-court filings).
Women are often the money, wellness, and scheduling managers of their households. These roles create a variety of financial demands and women’s relative longevity means understanding wealth planning is vital. Come learn how to develop a financial strategy that meets your true needs. This course will include the following topics: financial considerations for women - and strategies to address them, the income gap, longer lifespans, multiple roles and responsibilities, and life changes.

Note: Maximum number of participants: 20

Instructor: Jeffrey Seitz, CFP®, CRPS®, CIMA®, MBA
Louis C. Ciliberti & Associates-A financial advisory practice of Ameriprise Financial Services, Inc. Certified Financial Planner Board of Standards Inc. owns the certification marks CFP®, CERTIFIED FINANCIAL PLANNER™ and CFP (with flame design) in the U.S. Ameriprise Financial Services, Inc., Member FINRA and SIPC.

Fee: FREE-No registration fee required
7-9pm Wednesday, October 16 Only

Instructor Spotlight

Ronald D. Steiger, known as The Real Estate Workhorse,™ has been a life long Long Island resident. Ronald is also a financial advisor and has lectured to well over 100,000 people on financial services and products and How to Buy and Sell a Home. He is entrenched in the community specializing in Huntington and Melville, among many others.

Save the Date

Saturday, May 30, 2020
SCOPE ACT PREP COURSE
Whitman 617

SCOPE, Long Island’s leading education services provider, will be providing an ACT Prep course for the students of South Huntington School District. Classes are scheduled at Walt Whitman from 5:30pm – 8:30pm. SCOPE prep courses are designed to help students gain a thorough knowledge and understanding of the test format. Class sessions are divided between critical reading/writing and math/science. Timed practice and full-length tests and student instructional materials are included in the price of the course.

ONLINE REGISTRATION ONLY:
Go to www.scopeonline.us.
Under SAT/PSAT/ACT Prep Courses click on South Huntington School District.

All inquiries regarding the course will be addressed through the SCOPE office, please call 631-881-9651 or email SAT@scopeonline.us

Special notes:
● There are no refunds or pro-rated fees for the class.
● Confirmations will be emailed prior to the start of the program.
● This course is subject to cancellation if minimum enrollment is not reached.

Fee: $210.00
Class dates and times: Wednesdays: Oct. 30; Nov. 6, 13, 20; Dec. 11 5:30-8:30pm

ACT test Date: Saturday, December 14

KAPLAN SAT TEST PREP PROGRAM
WHITMAN ROOMS 528/528 FORUM

This fall, Walt Whitman High School will once again be offering seniors and juniors the opportunity to take part in the Kaplan SAT Prep Program for a substantially reduced cost of $199 (materials included). This comprehensive 20-session series will be delivered by Whitman teachers who have been trained in its administration. Each afternoon session will begin at 2:30 pm and end at 4:00 pm, composed of English (Critical Reading and Writing) and Mathematics with a focus on pertinent content and test-taking strategies. The two Saturday sessions 12/7 and 1/25 feature a full-length practice exam and will run from 8:00 am to 1:00 pm. The program will conclude during the week prior to the March 14 SAT test date. A minimum of 20 students must be enrolled for the class to run. Registration will be on a first-come, first-served basis.

NO REGISTRATIONS WILL BE ACCEPTED AT THE WALT WHITMAN HIGH SCHOOL MAIN OFFICE.

Please fill out the registration form received from WWHS to enroll and mail it to the Adult Education Department, 60 Weston Street, Huntington Station, NY 11746. The $10 registration fee is included in the price.

Fee: $199.
Class dates and times:
Sat. 12/7 8:00am-1:00pm
Mon. 12/9 2:30-4:00pm
Wed. 12/11 2:30-4:00pm
Mon. 12/16 2:30-4:00pm
Wed. 12/18 2:30-4:00pm
Mon. 1/6 2:30-4:00pm
Wed. 1/8 2:30-4:00pm
Mon. 1/13 2:30-4:00pm
Wed. 1/15 2:30-4:00pm
Mon. 1/20 2:30-4:00pm
Wed. 1/22 2:30-4:00pm
Sat. 1/25 8 am-1:00pm
Mon. 1/27 2:30-4:00pm
Wed. 1/29 2:30-4:00pm
Mon. 2/3 2:30-4:00pm
Wed. 2/5 2:30-4:00pm
Mon. 2/10 2:30-4:00pm
Wed. 2/12 2:30-4:00pm
Mon. 2/24 2:30-4:00pm
Wed. 2/26 2:30-4:00pm
ATTENTION BUSINESS COMMUNITY

Want to advertise your message to thousands of potential customers for less than $1 a day? Advertise in our school district’s weekly electronic newsletter! This newsletter is e-mailed every week of the school year to district families and local residents of Huntington Station, South Huntington and Melville. The cost is only $299 for the year and the best part is that ALL proceeds from the ad sales are used to support educational programs in South Huntington.

Here’s what is also included in the advertising cost in South Huntington’s weekly newsletter:

• **Direct web link from the newsletter to your website.** When your ad is clicked on, your website will open up!

• **Our in house graphic designer can help develop an ad or assist with customizing specs of your existing ad to be placed in the newsletter.**

If you are looking to attract new customers to your business, or members to your organization consider placing an ad in our e-Newsletter. It is a highly targeted and extremely cost effective marketing solution.

**For more information or questions about ad space and sales, please contact Mr. Lee Nober, Lnober@shufsd.org.**
HUNTINGTON TOWNSHIP
Awareness Day

SAVE THE DATE!

Saturday
September 14,
2019

Unity in the
Community
Parade
& Fair

Join school districts and community groups from
all over Huntington Township as they come together for a parade and
fair. Starting from Huntington High School at 10AM, the parade marches
down Oakwood Road to Stimson Middle School for food, games, fun and
attractions for everyone.

http://www.shufsd.org/community/unity_parade

@HuntingtonDay

/HACPHuntingtonAwarenessDay

SAVE THE DATE
Thursday, April 30, 2020

South Huntington’s Parent University is an opportunity
to sharpen our skills as we work on life’s most important
and demanding pursuit: raising successful children.

Program Registration Begins at 4PM
Programs Ends at 9PM

Visit us at: http://www.shufsd.org/community/parent_university

Health & Wellness Themed Workshops and
Vendors Are a Part of Parent University!

Walt Whitman High School, 301 West Hills Road, Huntington Station, NY 11746
LONG ISLAND JAZZ ORCHESTRA

BIG BAND JAZZ FANS WELCOME
Join us at Stimson Middle School on Tuesday evenings in Room 105 from 8-9pm and hear the Long Island Jazz Orchestra play.

*Help to keep jazz and big band music alive! Free and all are welcome.*

WINTER CONCERTS

Come and show your support for our school Band, Orchestra, and Chorus programs as the students perform on the following dates. All concerts are held in the Walt Whitman Performing Arts Center at 7:30 pm unless otherwise noted.

- Birchwood Intermediate – January 14
- Maplewood Intermediate – January 13
- Silas Wood Sixth Grade Center – January 15, 21
- *Silas Wood concert held at Silas Wood*
- Stimson Middle School – December , 12
- Walt Whitman High School – December 16, 17

WALT WHITMAN HIGH SCHOOL DRAMA PRODUCTION

Please join us for the Walt Whitman High School Mainstage Drama Production - TBA, which will be held in the Performing Arts Center at Walt Whitman High School on November 22 and November 23 at 7:30 pm. There is also a matinee performance on November 23 at 2:00 pm. Tickets are available at the door.

WILDCAT BOOSTER CLUB

*Enriching our children's education with athletics.*

The Wildcat Booster Club is a nonprofit, volunteer parent organization that promotes school spirit and works to facilitate the offering of quality athletics at all levels throughout the school district.

Prominent sponsors, businesses and universities work collaboratively with our Booster Club to have their names displayed for all school and community events. The beautifully crafted signs are visible to the tens of thousands of parents, students and teachers that walk the campus, and attend activities. We welcome you to contact us if you are interested in learning more about the program. Please feel to respond by email to: boosterclub@shufsd.org
BOE MEETING AND CONTACT INFORMATION

Your elected school board members encourage the community to attend regular BOE meetings. As with all regular BOE business meetings, community input is welcomed or you may contact us via our email addresses below:

Nicholas R. Ciappetta, J.D., President
nciappetta@shufsd.org

Laura B. Carey, Vice President
lcarey@shufsd.org

Andrew D. Bronson
abronson@shufsd.org

Michele R. DeG aetano
Micheledegaetano54@gmail.com

Sidney B. Joyner
sjoyner@shufsd.org

Linda O. LaCara
llacara@shufsd.org

Edward J. Nitkewicz, J.D.
ejnshufsd@aol.com

Board Meeting Dates Second Half of 2019

Thursday September 12  7:30 p.m.
Regular Business Meeting/Bond Presentation
Walt Whitman High School, Performing Arts Center
301 West Hills Road, Huntington Station

Wednesday September 25  7:30 p.m.
Regular Business Meeting/Public Hearing of Bond Referendum
Walt Whitman High School, Performing Arts Center
301 West Hills Road, Huntington Station

Monday October 7  12 to 9 p.m.
Bond Vote
Walt Whitman High School, North Gymnasium
301 West Hills Road, Huntington Station

Monday October 7  7:30 p.m.
Regular Business Meeting/Board Recognition
Birchwood Intermediate School
121 Wolf Hill Road, Melville

Wednesday November 13  7:30 p.m.
Regular Business Meeting
James Kaden Administrative Offices, LCR
60 Weston Street, Huntington Station

Wednesday December 11  7:30 p.m.
Regular Business Meeting/Musical Presentation
Maplewood Intermediate School
19 School Lane, Huntington Station

Wednesday January 8  7:30 p.m.
Regular Business Meeting
James Kaden Administrative Offices, LCR
60 Weston Street, Huntington Station

Wednesday January 29  7:30 p.m.
Regular Business Meeting
Teacher of the Year Presentation
Walt Whitman High School
301 West Hills Road, Huntington Station

Wednesday February 26  7:30 p.m.
Regular Business Meeting/Budget Overview
James Kaden Administrative Offices, LCR
60 Weston Street, Huntington Station

Wednesday March 11  7:30 p.m.
Regular Business Meeting/Budget Work Session
James Kaden Administrative Offices, LCR
60 Weston Street, Huntington Station

Wednesday March 25  7:30 p.m.
Regular Business Meeting/Budget Adoption
James Kaden Administrative Offices, LCR
60 Weston Street, Huntington Station

Tuesday April 21  7:30 p.m.
Regular Business Meeting/Budget Adoption
James Kaden Administrative Offices, LCR
60 Weston Street, Huntington Station

Deadline for filing candidate petitions:
Monday, April 20, 2020, 5 p.m., in District Clerk’s Office
Meet the Candidates Night:
Tuesday, May 5, 2020, 7:30 p.m., James Kaden Administrative Offices, LCR,
60 Weston Street, Huntington Station
REGISTRATION FORM

Name: ___________________________________________________________________
Street: ___________________________ Town: _______________ Zip: ____________
Phone Res.: ______________________ Bus.: ____________________________
E-mail: ________________________________________________________________

Check applicable status:
Resident_________ Non-Resident__________ (ADD $5.00 to each course fee)
Senior___________ Senior Non-Resident________ (ADD $5.00 to each course fee)

Course Information

#1 Course Name: __________________________________________________________
Date/Time: _________________________ Fee: __________________________
Total Payment = Cost of Course (s) + $10.00 reg. fee per course
Enclosed is a check (no cash) for $________ for this course and the $10.00
non-refundable registration fee for each course.

#2 Course Name: __________________________________________________________
Date/Time: _________________________ Fee: __________________________
Total Payment = Cost of Course (s) + $10.00 reg. fee per course
Enclosed is a check (no cash) for $________ for this course and the $10.00
non-refundable registration fee for each course.

#3 Course Name: __________________________________________________________
Date/Time: _________________________ Fee: __________________________
Total Payment = Cost of Course (s) + $10.00 reg. fee per course
Enclosed is a check (no cash) for $________ for this course and the $10.00
non-refundable registration fee for each course.

#4 Course Name: __________________________________________________________
Date/Time: _________________________ Fee: __________________________
Total Payment = Cost of Course (s) + $10.00 reg. fee per course
Enclosed is a check (no cash) for $________ for this course and the $10.00
non-refundable registration fee for each course.
So. Huntington UFSD Adult/Continuing Education Program  
60 Weston St., Huntington Station, NY 11746-4098  
631-812-3119 (Voice mail 24 hours)

BOARD OF EDUCATION  
Nicholas R. Ciappetta, J.D. President  
Laura B. Carey, Vice President  
Andrew D. Bronson  
Michele R. DeGaetano  
Sidney B. Joyner  
Linda O. LaCara  
Edward J. Nitkewicz, J.D.

David P. Bennardo, Ed.D., Superintendent  
Alison L. Bruno, Ed.D., Supervisor of Curricula Services  
and Adult Education